



# High School ~ May 2025

Rise & Shine

<p><b>Additional Daily Breakfast Choices:</b></p> <ul style="list-style-type: none"> <li>*Main Entrée</li> <li>*Cereal</li> <li>*Cold Pizza</li> <li>*Whole Grain Doughnut</li> <li>*Bagel &amp; Cream Cheese</li> <li>*Assorted Muffins</li> <li>*Oatmeal Breakfast Bars</li> <li>*String Cheese</li> <li>*Yogurt</li> </ul>	<p>This institution is an equal opportunity provider</p> <p>Menu subject to change without notice</p>	<p><b>Daily Lunch Choices May Include:</b></p> <ul style="list-style-type: none"> <li>Main Entrée</li> <li>Corndog</li> <li>Hamburger</li> <li>Pizza Choices</li> <li>Protein Packs</li> <li>Chicken Sandwich</li> <li>Salads and Hoagies</li> </ul>	<p>1 <b>Breakfast:</b> Scrambled Eggs, Bacon &amp; English Muffin</p> <p>Szechuan Chicken Rice, Pot Stickers Fortune Cookies Sugar Snap Peas</p>	<p>2 <b>Breakfast:</b> Fresh Baked Cinnamon Roll</p> <p>Garlic Cheese OR Pepperoni Rippers Potato Choices</p>
<p>5 <b>Breakfast:</b> Pancake on a Stick</p> <p>Nachos with Taco Meat &amp; Cheese Sauce Refried Beans</p>	<p>6 <b>Breakfast:</b> Fresh Made Breakfast Burrito</p> <p>Cheeseburger Mac &amp; Cheese (like Hamburger Helper) Garlic Toast Caesar Salad</p>	<p>7 <b>Breakfast:</b> Grab &amp; Go Choices</p> <p>BBQ Pulled Pork on Garlic Cheese Bread Baked Beans</p>	<p>8 <b>Breakfast:</b> Sausage, Egg &amp; Cheese Breakfast Sandwich</p> <p>Orange Chicken Brown Rice Pot Stickers, Peas Fortune Cookies</p>	<p>9 <b>Breakfast:</b> Fresh Baked Cinnamon Roll</p> <p>Chicken Nuggets Goldfish Crackers Potato Choices</p>
<p>12 <b>Breakfast:</b> Breakfast Pizza</p> <p>Chicken Alfredo over Penne Pasta Garlic Toast Caesar Salad</p>	<p>13 <b>Breakfast:</b> Berry and Yogurt Parfait with Granola</p> <p>Two Soft Tacos Cilantro Lime Rice Black Beans Churro</p>	<p>14 <b>Breakfast:</b> Grab &amp; Go Choices</p> <p>Buffalo Chicken Dip 2oz Tortilla Chips Celery &amp; Carrots</p>	<p>15 <b>Breakfast:</b> Scrambled Eggs, Bacon &amp; English Muffin</p> <p>Funnel Cakes Sausage Links Hashbrown Patty Berries w/Topping</p>	<p>16 <b>Breakfast:</b> Fresh Baked Cinnamon Roll</p> <p>Grilled California Chicken Burger Potato Choices</p>
<p>19 <b>Breakfast:</b> Pancake on a Stick</p> <p>Pasta &amp; Meat Sauce or Pasta &amp; Meatballs Garlic Cheese Bread Roasted Asparagus</p>	<p>20 <b>Breakfast:</b> Fresh Made Breakfast Burrito</p> <p>Cheese &amp; Chicken Quesadilla, Churro Tortilla Chips with Black Bean &amp; Corn Salsa</p>	<p>21 <b>Breakfast:</b> Grab &amp; Go Choices</p> <p>Fish Nuggets Cornbread Coleslaw</p>	<p>22 <b>Breakfast:</b> Sausage, Egg &amp; Cheese Breakfast Sandwich</p> <p>Szechuan Chicken Brown Rice Pot Stickers Fortune Cookies Roasted Edamame</p>	<p>23 <b>Breakfast:</b> Fresh Baked Cinnamon Roll</p> <p>Meatball Sub With Marinara Sauce &amp; Mozzarella Potato Choices</p>
<p>26 <b>No School</b></p>  <p><b>Memorial Day</b> Remember &amp; Honor</p>	<p>27 <b>Breakfast:</b> Berry and Yogurt Parfait with Granola</p> <p>Nachos with Taco Meat &amp; Cheese Sauce Refried Beans</p>	<p>28 <b>Breakfast:</b> Grab &amp; Go Choices</p> <p>Cheesy Breadstick Beef Chili</p>	<p>29 <b>Breakfast:</b> Scrambled Eggs, Bacon &amp; English Muffin</p> <p>Teriyaki Beef Dippers or Szechuan Chicken Brown Rice Pot Stickers, Fortune Cookies Broccoli &amp; Cauliflower</p>	<p>30 <b>Breakfast:</b> Fresh Baked Cinnamon Roll</p> <p>Chicken &amp; Waffles with Syrup Tater Tots Berry Cup w/Topping</p>



**School Lunch Hero Day**  
celebrated May 2nd.

*Thank you to our own School Lunch heroes:*

Doni, Kelli, Chelsea, Becca, Roxy, Joline, Viviann, Jill, Chelsea, Tanya, Brenda, Kit, Marianne & Mila



**Daily choices of fruits and vegetable available daily on the Produce Buffet.**

**\*\*Students getting breakfast and/or lunch are required to take a 1/2 cup of fruit or veggies with their meal.**